1	Therapeutic effects of telomerase in mice with pulmonary fibrosis induced by				
2	damage to the lungs and short telomeres				
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# 40 Abstract

41 Pulmonary fibrosis is a fatal lung disease characterized by fibrotic foci and inflammatory 42 infiltrates. Short telomeres can impair tissue regeneration and are found both in hereditary and 43 sporadic cases. We show here that telomerase expression using AAV9 vectors shows therapeutic 44 effects in a mouse model of pulmonary fibrosis owing to a low-dose bleomycin insult and short 45 telomeres. AAV9 preferentially targets regenerative alveolar type II cells (ATII). AAV9-Tert-treated 46 mice show improved lung function and lower inflammation and fibrosis at 1-3 weeks after viral 47 treatment, and improvement or disappearance of the fibrosis at 8 weeks after treatment. AAV9-48 Tert treatment leads to longer telomeres and increased proliferation of ATII cells, as well as lower 49 DNA damage, apoptosis, and senescence. Transcriptome analysis of ATII cells confirms downregulation of fibrosis and inflammation pathways. We provide a proof-of-principle that 50 51 telomerase activation may represent an effective treatment for pulmonary fibrosis provoked or 52 associated with short telomeres.

53

## 54 Introduction

55 Mammalian telomeres are protective structures at ends of chromosomes that consist of 56 TTAGGG repeats bound by a six-protein complex known as shelterin (Blackburn, 2001; de Lange, 57 2005). A minimum length of telomeric repeats is necessary for shelterin binding and telomere 58 protection (Blackburn, 2001; de Lange, 2005). Telomerase is an enzyme composed of two 59 subunits, the telomerase reverse transcriptase (TERT) and the RNA component (*Terc*), which is 60 used as template for the de novo addition of telomeric repeats to chromosome ends (Greider and 61 Blackburn, 1985). Adult tissues, including the stem cell compartments, do not have sufficient 62 telomerase activity to compensate for the progressive telomere shortening associated with cell 63 division throughout lifespan (Canela et al., 2007; Flores et al., 2008; Harley et al., 1990; Vera et 64 al., 2012). When telomeres reach a critically short length, this triggers activation of a persistent DNA damage response at telomeres and the subsequent induction of cellular senescence or 65 66 apoptosis. Indeed, this progressive shortening of telomeres with increasing age is considered one 67 of the hallmarks of aging both in mice and humans (Lopez-Otin et al., 2013). In particular, critical telomere shortening at the stem cell compartments results in the loss of the regenerative capacity 68 of these compartments eventually compromising tissue renewal and homeostasis (Blasco, 2007; 69 70 Flores et al., 2005; Povedano et al., 2015). Interestingly, the rate of telomere shortening 71 throughout lifespan has been shown to be influenced both by genetic factors (ie., mutations in 72 genes necessary for telomere maintenance) and environmental factors (ie., cigarette smoke has a 73 negative effect) (Armanios, 2013; King et al., 2011).

In support of critical telomere shortening being a determinant of aging and longevity, increased TERT expression in the context of cancer resistant transgenic mice was sufficient to delay aging and extend mouse longevity by 40% (Tomas-Loba et al., 2008). More recently, these findings have been translated into a potential therapeutic strategy by using adeno-associated vectors (AAV) to transiently activate telomerase in adult tissues (Bar et al., 2014; Bernardes de

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79 Jesus et al., 2012). In particular, treatment with *Tert* gene therapy using non-integrative AAV9 80 vectors of adult mice was able to delay aging and increase longevity by decreasing age-related 81 pathologies such as osteoporosis, glucose intolerance, as well as neuromuscular and cognitive 82 decline. Furthermore, the onset of cancer was also delayed in the Tert treated mice (Bernardes de 83 Jesus et al., 2012). More recently, AAV9-Tert delivery specifically to the heart was sufficient to 84 significantly increase mouse survival and heart function upon myocardial infarction, which was 85 concomitant with decreased fibrosis and increased cardiac myocyte proliferation (Bar et al., 2014). 86 These findings support the notion that telomere shortening is at the origin of age-related diseases 87 and that, by delaying or reverting this process with telomerase, it is possible to delay and treat 88 more effectively age-associated diseases, such as heart infarct.

89 Extreme telomere shortening can occur prematurely in individuals with mutations in 90 telomerase and other telomere maintenance genes causing the so-called telomere syndromes, 91 which include dyskeratosis congenita, aplastic anemia and pulmonary fibrosis, among others (for a 92 review see (Armanios and Blackburn, 2012)). These syndromes are characterized by premature 93 loss of the regenerative capacity of tissues, affecting both high and low proliferation tissues 94 (Armanios and Blackburn, 2012; Holohan et al., 2014). Among the telomere syndromes, idiopathic 95 pulmonary fibrosis (IPF) is the most common condition associated with telomere dysfunction in 96 humans (Armanios, 2013; Armanios and Blackburn, 2012). Both familial and sporadic cases have 97 been linked to telomerase mutations, either in TERT or TERC (Alder et al., 2008; Armanios et al., 98 2007). In particular, mutations in TERT and TERC account for 8-15% of familial and 1-3% of 99 sporadic cases (Alder et al., 2008; Armanios, 2013; Armanios et al., 2007). Interestingly, sporadic 100 cases of IPF, not associated with telomerase mutations, also show shorter telomeres compared to 101 age-matched controls, with 10% of the patients showing telomeres as short as the telomerase 102 mutation carriers (Alder et al., 2008). Telomerase mutations have also been found in up to 1% of smokers showing chronic obstructive pulmonary disease (COPD), also leading to abnormally short
 telomeres (Stanley et al., 2015).

105 Unfortunately, in spite of its prevalence, idiopathic pulmonary fibrosis is still a life-106 threatening lung degenerative disease, with few available therapeutic options (King et al., 2011). 107 As an example, the recently FDA-approved drugs, nintedanib and pirfenidone, show anti-108 inflammatory and anti-fibrotic activity (Ahluwalia et al., 2014; Karimi-Shah and Chowdhury, 2015; 109 King et al., 2014), and slow IPF progression but are not curative (Hunninghake, 2014; Karimi-Shah 110 and Chowdhury, 2015; King et al., 2014). Indeed, to date, lung transplantation is the only curative 111 therapeutic option in less than 5% of IPF patients with severe disease (Lama, 2009). Thus, 112 development of new, more effective, therapeutic strategies aimed against treating the origin of the 113 disease is urgently needed.

114 An important limitation to the development of new therapeutic strategies has been the lack 115 of appropriate pre-clinical mouse models. Induction of acute pulmonary fibrosis with high doses of 116 bleomycin in mice has been the most widely used preclinical model, although the disease 117 spontaneously reverses in this model after 2-3 weeks (Mouratis and Aidinis, 2011). Furthermore, 118 telomerase-deficient mice with short telomeres do not spontaneously develop pulmonary fibrosis 119 (Alder et al., 2011), suggesting that additional insults contribute to the disease in addition to the 120 genetic defects. In support of this notion, we recently demonstrated that treatment with low doses 121 of bleomycin (0.5 mg/kg BW), which normally do not lead to pulmonary fibrosis in wild-type mice, 122 however, results in full-blown progressive pulmonary fibrosis in telomerase deficient mice 123 (Povedano et al., 2015). Thus, this model shows that short telomeres are at the molecular origin of 124 pulmonary fibrosis and could represent a useful pre-clinical tool to test the challenging hypothesis 125 of whether therapeutic strategies based on telomerase activation maybe effective in the treatment 126 of the disease.

127 Here, we tested this hypothesis by using a *Tert* based gene therapy in mice diagnosed with 128 pulmonary fibrosis owing to treatment with low doses of the lung-damaging agent bleomycin in the 129 context of short telomeres, a scenario that resembles pulmonary fibrosis in humans associated 130 with short telomeres. Our findings demonstrate that Tert treatment significantly improves 131 pulmonary function, decreases inflammation, and accelerates fiber disappearance in fibrotic lungs 132 as early as 3 weeks after viral treatment, resulting in a more rapid improvement or disappearance 133 of the fibrosis. At the molecular level, AAV9-treatment results in telomere elongation and 134 increased proliferation of ATII cells, also significantly decreasing DNA damage, apoptosis, and senescence in these cells. Further supporting these findings, telomerase treatment induces gene 135 expression changes indicative of increased proliferation, lower inflammation and decreased 136 137 fibrosis in isolated ATII cells.

138

## 139 **Results**

140

# *Tert* targeting of alveolar type II cells prevents pulmonary fibrosis progression induced by short telomeres and restores lung health

143 Here, we set to address whether telomerase treatment of adult mouse lungs by using 144 AAV9-*Tert* vectors could effectively prevent the progression of pulmonary fibrosis provoked by 145 damage to the lungs (ie.,low-dose bleomycin) and the presence of short telomeres (Povedano et 146 al., 2015), a scenario that resembles both familiar and sporadic cases of the human disease (Alder 147 et al., 2008; Armanios, 2013; Armanios et al., 2007). To this end, we used our previously 148 described mouse model of progressive pulmonary fibrosis induced by a low bleomycin dose in the 149 context of short telomeres (Povedano et al., 2015). In particular, owing to the fact that short 150 telomeres per se in the context of the telomerase-deficient mouse model are not sufficient to 151 induce pulmonary fibrosis in mice (Alder et al., 2011), we previously generated a mouse model for 152 pulmonary fibrosis associated with short telomeres by treating telomerase-deficient mice from the second (G2) and fourth (G4) generation, G2-G4 Tert<sup>-/-</sup> with a low dose of bleomycin (0.5 mg/kg 153 154 body weight). This low dose of bleomycin is not sufficient to induce pulmonary fibrosis in wild-type mice, but leads to progressive pulmonary fibrosis in the G2-G4 Tert<sup>-/-</sup> (Povedano et al., 2015). It is 155 156 relevant to note that this is in contrast to the widely used mouse model of pulmonary fibrosis using a much higher dose of bleomycin (2 mg/kg body weight), which leads to pulmonary fibrosis in wild-157 158 type mice but does not recapitulate the short telomere phenotype present in human patients (see 159 Figure 1-figure supplement 1A). In particular, we show here that male wild-type mice inoculated 160 either with vehicle or with the standard high-dose bleomycin protocol did not show any significant 161 telomere length changes 4 weeks after bleomycin challenge compared to vehicle inoculated mice 162 (Figure 1-figure supplement 1A), suggesting that this mouse model of pulmonary fibrosis does 163 not recapitulate one of the molecular features of the human disease (ie, the presence of short

telomeres). Further supporting this notion, treatment of these mice with AAV9-*Tert* did not show
 any significant decrease in the amount of fibronectin compared to the empty vector-treated lungs
 (Figure 1-figure supplement 1B).

167 To test the efficacy of telomerase gene therapy in our mouse model of pulmonary fibrosis 168 induced by DNA damage to the lungs (ie.,low-dose bleomycin) and the presence of short 169 telomeres (Povedano et al., 2015), we selected AAV9 serotype owing to its high viral transduction 170 of the lungs, and its low immunogenicity (Bell et al., 2011; Zincarelli et al., 2008). In particular, we 171 previously showed that AAV9-Tert transduced lungs cells showed Tert mRNA over-expression for 172 at least 8 month post-infection of the vector, as well as resulted in re-activation of telomerase as 173 determined by Telomerase Repeated Amplification Protocol (TRAP) in adult lungs (Bernardes de 174 Jesus et al., 2012). To determine the transduction efficiency of the lungs in our current study, we 175 intravenously (IV) injected wild-type adult mice with AAV9-eGFP and determined eGFP expression 176 in the lungs 2 weeks later. We found transduction of 3% (GFP positive cells) of total lung cells 177 (Fig. 1A). Next, we addressed which adult lung cell types were being transduced with the AAV9 178 vector. We previously described that alveolar type II cells (ATII) cells are a key cell type in the 179 origin of pulmonary fibrosis owing to dysfunctional telomeres (Povedano et al., 2015). Thus, we 180 performed double immunofluorescence against eGFP and the surfactant protein C (Sftpc), a 181 specific marker of ATII cells. We first observed that 13.4% of total lung cells were ATII cells (Sftpc-182 positive cells) (Fig. 1A), which is in line with the 12-15% reported abundance of ATII cells in whole 183 lung cell population (Dobbs, 1990; Van der Velden et al., 2013). Importantly, we observed that 184 17% of total ATII cells were transduced by AAV9-GFP (GFP-positive) (Fig. 1A). Indeed, more than 185 80% of all the eGFP-positive lung cells were ATII cells (Fig. 1A), indicating that AAV9 has a 186 specific tropism for these cells.

Next, we treated telomerase-deficient male mice from the second generation. G2 Tert-187 188 mice, with the low bleomycin dose (0.5 mg/kg BW) (Povedano et al., 2015). Two weeks after bleomycin treatment, we performed computed tomography (CT) to identify those mice with 189 190 abnormal radiological images of the lungs, indicative of inflammation and pulmonary fibrosis (Fig. 191 **1B**). Approximately 50% of the mice showed an abnormal radiographic pattern presenting reticular 192 opacities suggestive of pulmonary fibrosis (Povedano et al., 2015). These mice with an abnormal 193 CT pattern were divided in two random groups, one group was intravenously (IV) injected with 194 AAV9-Tert and the other group was injected with the empty vector, as control placebo group. 195 Disease progression was followed longitudinally in both cohorts both by performing weekly 196 spirometry during the first 3 weeks after viral treatment, to measure lung function, as well as by CT 197 imaging at 1, 2, 4 and 7 weeks post viral treatment to follow progression of the abnormal 198 radiographic patterns (Fig. 1B). Interestingly, only one week after viral treatment, CT imaging 199 showed that all abnormal radiological images in AAV9-Tert treated mice regressed in size, while 200 they further increased in size in mice treated with the empty vector (Fig. 1C,D). After the second 201 week of treatment, we observed a regression of the affected CT lung volume in both groups, 202 although at all time points analyzed the AAV9-Tert treated mice showed significantly smaller 203 volume of the CT lesions as compared to mice treated with the empty vector (Fig. 1C,D). 204 Importantly, at week 7 after treatment with the viral vectors (week 9 after the induction of fibrosis 205 with bleomycin), the affected CT lung volume in the AAV9-Tert treated mice corresponds to only 206 5% of total lung volume, while at this point mice treated with the empty vector still exhibited 40% of 207 total lung volume affected as indicated by CT (Fig. 1C,D).

Given the small size of mouse lungs, CT imaging as PF diagnose is not fully accurate since inflammation can also give rise to abnormal CT pattern. As an independent longitudinal noninvasive indicator of improvement of pulmonary lesions in the treated mice, pulmonary function was determined by using plethysmography (spirometry) that measures the amount of air left in the 212 lung after deep inhalation and forced exhalation, both previous to viral treatment and during the 213 first 3 weeks after treatment. We observed that lung function measured as the ratio between lung 214 resistance and dynamic compliance worsen in the AAV9-empty treated mice compared to the 215 AAV9-Tert controls already the first week after viral treatment. Importantly, pulmonary function in 216 AAV9-*Tert* treated mice became similar to that of healthy mice non-treated with bleomycin at two 217 weeks post-viral treatment and was maintained thereafter, illustrating the efficacy of the treatment 218 at restoring lung health. In contrast, mice treated with AAV9-empty show significant higher 219 LR/Cdyn values as compared to healthy and to AAV9-Tert, indicating a worsened pulmonary 220 function (**Fig. 1E**).

Finally, in order to confirm the areas of the lung affected with fibrosis, at week 8 after viral treatment with the vectors, all mice where sacrificed for histopathological, biochemical, and molecular analysis of the lungs. First, we confirmed increased expression of *Tert* mRNA by qPCR in the lungs of AAV9-*Tert* treated mice compared to mice treated with the empty vector, which lacked detectable *Tert* mRNA expression (**Fig. 1F**) (Bar et al., 2014; Bernardes de Jesus et al., 2012).

227 We next used Masson's trichome staining to quantify the lung fibrotic areas by 228 histochemistry. We considered "severe fibrosis" when more than 30% of the lung parenchyma was 229 affected by fibrosis; "mild fibrosis" when less than 10% of the lung parenchyma was affected; and 230 "non-fibrotic lungs" when no signs of fibrosis were found. We found that at week 8 after viral 231 treatment with the viral vectors (week 10 after the induction of fibrosis), all mice treated with the 232 empty vector showed severe fibrosis as indicated by more than 30% of the lung parenchyma 233 affected by fibrosis (Fig. 1G,H). In contrast, none of the AAV9-Tert treated mice showed severe 234 fibrosis at this point. Instead, 50% of Tert-treated mice presented mild fibrosis lesions and 50% 235 were completely free of fibrotic lesions (Fig. 1G-H). Thus, 50% AAV9-Tert treated mice showed

undetectable fibrosis as determined by Masson's trichome staining at 8 weeks post- viral
treatment, while all of empty vector treated mice still showed severe fibrotic lesions.

238 Picosirius red staining of lungs to determine collagen deposition, confirmed that AAV9-Tert treated mice presented one-third less collagen deposition compared to mice treated with the empty 239 240 vector (Fig. 2A,B). As an independent biochemical method, we determined collagen peptides 241 containing hydroxyproline on whole lung tissue at 8 weeks after viral treatment with the viral 242 vectors by using liquid chromatography-tandem mass spectrometry (LC-MS/MS) which has been 243 previously validated to quantify collagen (Chaerkady et al., 2013; Montgomery et al., 2012; Ono et 244 al., 2009; Qiu et al., 2014; Taga et al., 2014). As validation of the technique in our experimental 245 setting, we determined collagen peptides containing hydroxyproline in non-fibrotic lungs from Tert-246 deficient mice that had not been treated with bleomycin and in fibrotic lungs from Tert-deficient mice treated with bleomycin at 5 weeks post-bleomycin treatment (0.5 mg/kg BW) (Fig. 2C, left 247 248 panel). The results show that bleomycin treated lungs present a 2-fold increase in the amount of 249 collagen peptides containing hydroxyproline compared to control lungs not treated with bleomycin 250 (w/o bleomycin) in agreement with induction of fibrosis by bleomycin in Tert-deficient mice (Fig. 251 **2C, left panel**), thus validating this method for quantification of fibrosis. At 8 weeks after viral 252 treatment (10 weeks post bleomycin treatment), AAV9-Tert treated lungs showed 2-fold lower 253 content in collagen peptides containing hydroxyproline compared to AAV9-empty treated lungs, 254 indicating that telomerase treatment improves collagen removal (Fig. 2C, right panel). Analysis of 255 total procollagen levels in the lung using western blot analysis also showed approximately 50% 256 and 30% lower levels of procollagen in AAV9-Tert treated mice compared to the controls at 3 and 8 weeks post-viral treatment, respectively, suggesting that *Tert* gene therapy leads to a more rapid 257 258 removal of fiber deposition (Fig. 2D,E). In line with lower collagen, AAV9-Tert treated lungs also 259 showed significantly less aSMA-positive myofibroblasts compared to empty vector-treated mice, in

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agreement with the fact that these cells are associated with collagen deposition in human IPF patients (**Fig. 2F,G**), thus suggesting an inactivation of fibrotic foci upon *Tert* treatment.

262 Finally, also in agreement with fibrosis regression and tissue healing in mice treated with 263 telomerase, AAV9-Tert treated mice showed significantly less macrophage infiltrates as detected 264 by F4/80 staining in their remaining fibrotic areas compared with AAV9-empty treated mice (Fig. 2H,I), suggestive of decreased inflammation. We confirmed lower inflammation in the AAV9-Tert 265 treated mice compared to the empty vector treated group by quantification of a large panel of 266 267 cytokines including BLC, C5/C5A, G-CSF, I-309, IL-1a, IL-1b, IL-1ra, IL-2, IL-3, IL-4, IL-5, IL-6, IL-268 7, IL-16, IL-17, IL-23, IL-27, IP-10, I-TAC, KC, M-CSF, JE, MCP-5, MIG, MIP-1a, MIP-1b, MIP-2, 269 RANTES, SDF-1, TIMP-1, TNF-a and TREM-1 by Elisa. In particular, already at 3 weeks after viral 270 treatment, AAV9-Tert treated mice showed significantly lower levels of these cytokines compared 271 to the cohort treated with the empty vector and this was maintained at 8-weeks after viral treatment, indicating the efficacy of the therapy in dampening the inflammatory response (Fig. 272 273 2J,K). Thus, these results demonstrate lower inflammation in the lungs of *Tert* treated mice 274 compared to the controls.

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## 276 AAV9-*Tert* treatment rescues apoptosis and cellular senescence in fibrotic lungs

277 Short dysfunctional telomeres have been previously shown to trigger a persistent DNA 278 damage response (DDR) characterized by increased γH2AX foci, increased expression of p21 and 279 p53 cell arrest and senescence markers, as well as induction of apoptosis (Hemann et al., 2000; 280 Meier et al., 2007). Indeed, we previously described that mice with pulmonary fibrosis owing to 281 short telomeres also show increased γH2AX foci, increased expression of p21 and p53 282 senescence markers, as well as induction of apoptosis in the lungs (Povedano et al., 2015). 283 Interestingly, analysis of these molecular markers in the lungs of treated mice at two time points 284 after viral treatment, shows that the lungs of AAV9-*Tert* treated mice have a significant reduction of 285 DNA damage already at 3 weeks post-viral treatment which is also maintained at 8 weeks post-286 viral treatment (endpoint of the experiment), as indicated by lower percentage of cells positive for 287 yH2AX compared to mice treated with empty vector (Fig. 3A,B). Consistently, we also found a 288 significant reduction in the abundance of p21 and p53-positive cells in the AAV9-Tert treated mice 289 compared to those treated with the empty vector as early as 3 weeks after viral treatment and 290 again these lower levels were maintained at 8 weeks post-viral treatment (Fig. 3A,B). Moreover, 291 we also observed a significant decrease in caspase 3-positive cells at both time points (3 and 8 292 weeks post-viral treatment) in the lungs of *Tert* treated mice compared to the empty treated cohort 293 (Fig 3A,B), indicative of decreased apoptosis. Together, these results indicate that *Tert* expression 294 in the lungs of adult mice with pulmonary fibrosis is sufficient to decrease DNA damage and apoptosis, as well as to decrease the levels of p21 and p53, as early as 3 weeks after viral 295 296 treatment and this is maintained until the end-point of the experiment at 8-weeks post-viral 297 treatment when the fibrosis was reverted or cured in a significant proportion of mice treated with 298 telomerase.

299 In order to specifically address presence of senescent cells in the lungs, we performed 300 whole mount staining for SA-β-galactosidase assay in mice diagnosed with pulmonary fibrosis and 301 treated with either AAV9-Tert or -empty vectors. While senescence epithelial cells were readily 302 detected in mice diagnosed with pulmonary fibrosis and treated with the empty-vector, they were 303 undetectable in the residual fibrotic areas present in few AAV9-Tert treated lungs at the end of the experiment (Fig. 3A,B). Of note, macrophages and fibroblasts were discarded from the analysis 304 305 based on cell morphology. These findings indicate that *Tert* gene therapy rescues DNA damage, 306 apoptosis and cellular senescence in mice diagnosed with pulmonary fibrosis owing to critically 307 short telomeres. However, as these histological analyses do not permit distinguishing among 308 different cell types, to specifically address the DNA damage burden in ATII cells we performed 309 double immunohistochemistry staining with anti- SFTPC to mark ATII cells and anti-γH2AX to mark 310 cells with DNA damage (**Fig. 3C,D**). The results clearly show that the amount of damaged ATII 311 cells in AAV9-*Tert* treated lungs is reduced by 3-fold compared to control mice treated with the 312 AAV9-empty vector at 3 weeks post-viral treatment (**Fig. 3C,D**).

## 313 AAV9-*Tert* treatment results in increased proliferation of ATII cells

314 To further understand the molecular mechanisms by which *Tert* gene therapy results in significant remission and healing of pulmonary fibrosis owing to short telomeres, we next studied 315 316 telomere length specifically in the ATII cells of mice treated with either AAV9-Tert or the empty 317 vector. To this end, we performed an Immuno-FISH using a telomeric PNA probe and a Sftpc 318 antibody to specifically mark ATII cells in lung samples at 8 weeks post-viral treatment. We 319 analyzed telomere intensity in both Sftpc positive (ATII) and negative (non-ATII) cells. We found 320 that ATII cells have shorter telomeres than non-ATII cells in telomerase-deficient mice is in 321 agreement with our previous findings indicating that these cells are important for the regeneration 322 of lung damage induced by dysfunctional telomeres, as they have undergone more cell divisions (Povedano et al., 2015). Interestingly, ATII cells from mice treated with AAV9-Tert showed the 323 324 same telomere length than the surrounding non-ATII cells, suggesting that telomerase treatment is 325 preserving telomeres in these cells in the context of lung fibrosis (Fig. 3E-G). Indeed, the 326 percentage of short telomeres of ATII cells compared to non-ATII in empty vector-treated mice (ATII/non-ATII ratio= 1.4) is significantly higher than in AAV9-Tert treated mice (ATII/non-ATII 327 328 ratio= 0.98). We considered short telomeres those spots with an intensity  $\leq$ 30 a.u. corresponding to 20<sup>th</sup> percentile. The percentage of short telomeres from ATII cells was normalized to non-ATII 329 330 cells to avoid inter-individual variability (Fig. 3E,G). In summary, these results indicate that specific 331 telomerase targeting to ATII cells results in improved telomere length maintenance and a consequent reduction in DNA damage burden of these cells compared to ATII cells from micetreated with the empty vector.

Next, we addressed the effects of Tert treatment on the ability of ATII cells to proliferate and 334 335 regenerate the damaged lung tissue upon diagnosis of fibrosis. To this end, double 336 immunofluorescence against the ATII cells-specific marker Sftpc and the proliferation marker Ki67 337 was performed in lung samples at 8 weeks post-viral treatment. We found that Tert treated mice 338 showed a 2-fold increase in Ki67 positive cells in whole lung tissue compared to controls (**Fig. 3H**). 339 When specifically looking at ATII cells, we observed a 2-fold increase in the total number of Sftpc positive cells and 2.5-fold increase in Ki67 positive ATII cells in AAV9-Tert treated lungs compared 340 341 to the empty vector controls (Fig. 3I-K). Although we cannot distinguish between the AAV9-Tert 342 infected and non-infected ATII cells, the fact that 80% of the total AAV9-infected lung cells are ATII 343 cells (Fig. 1A), suggests that AAV9-Tert treatment is resulting in increased proliferation of these 344 cells leading to a higher potential for lung regeneration and the remission of lung fibrosis. Thus, the 345 higher number of proliferating ATII cells are in agreement with the significant lower percentage of 346 short telomeres in ATII cells in AAV9-Tert treated lungs as well as with the significant decrease in 347 the number of p21 and p53 positive cells in AAV9-Tert treated lungs (Fig. 3 B-J).

# AAV9-*Tert* treatment leads to gene expression changes indicative of higher regeneration potential

Next, we studied gene expression changes induced by *Tert* expression in the context of lung fibrosis. To this aim, we first performed DNA microarray analysis from the post-caval lung lobe from mice diagnosed with pulmonary fibrosis which were treated either with AAV9-*Tert* or with the empty vector at 8 weeks post viral treatment with the vectors (5 mice were included per group). We found that only 53 genes were significantly upregulated (False Discovery Rate, FDR<0.05) in 355 AAV9-Tert treated mice compared to mice treated with the empty-vector (Supplementary Table 356 **1**). This FDR cutoff highlights the significance of the gene expression changes observed, as only 357 5% of the hits are expected to be false positive. Gene set enrichment analysis (GSEA) showed 358 significantly deregulated pathways between both groups (Fig. 4A-B). Those pathways found 359 upregulated in AAV9-Tert treated lungs presented a signature related with DNA replication and 360 mitosis, apoptosis, DNA repair, the leukocyte transendothelial migration pathway, and extension of 361 telomeres (Figure. 4A, Figure 4-figure supplement 2A). Upregulation of the "extension of telomeres pathway" is in line with improved telomere maintenance in ATII cells treated with Tert 362 363 (Fig. 4A). Similarly, upregulation of DNA replication and mitosis pathways is in line with increased 364 proliferation in ATII cells (Fig. 4A, Figure 4-figure supplement 2A). In contrast, pathways 365 downregulated in AAV9-Tert compared to AAV9-empty treated lungs were related to fibroblast 366 growth factor receptors, Wnt and TGF- $\beta$  pathways (Fig. 4B, Figure 4-figure supplement 2A). Of interest, four of the pathways downregulated by Tert are related with fibroblast growth factor 367 368 receptors; i.e., the FGFR2C, FGFR4, FGFR and the FGFR1 ligand binding and activation cascades (Fig. 4B). As FGF1-FGFRc over-expression has been shown to contribute to 369 370 pathogenesis in IPF patients (MacKenzie et al., 2015), these findings suggest that *Tert* impairs 371 fibroblast activation, thus facilitating fibrosis regression. In line with this, we also found a 372 downregulation of the TGF-β pathway in the AAV9-*Tert* treated lungs. This is in agreement with 373 our previous findings that *Tert* overexpression in mouse embryonic fibroblasts (MEFs) induces 374 downregulation of TGF-B (Geserick et al., 2006). TGF-B pathway has been linked to fibroblast 375 activation and differentiation to myofibroblast (Pedroza et al., 2015). Indeed, pirfenidone, a drug 376 that blocks TGF- $\beta$  can significantly slow pulmonary fibrosis progression (Hunninghake, 2014; Karimi-Shah and Chowdhury, 2015; King et al., 2014). 377

378 By using gRT-PCR, we validated a random selection of the more differentially expressed 379 genes within these pathways: Apc, Ctnnb1, Fzd5, Lrp6, Lrp5, Bim, Flir, Bid, Mcl1, Mmp-9 and *Cenpg* (**Fig. 4C**). Of note, downregulation of the Wnt pathway in AAV9-*Tert* treated adult lungs is 380 381 in contrast with the notion that TERT can activate Wnt/β-catenin pathway during development 382 (Park et al., 2009). Instead, our results go in line with recent findings showing that high levels of 383 the Wnt pathway genes Lrp5 and Lrp6 are linked to bad prognosis for IPF patients (Lam et al., 384 2014). Interestingly, we found *Mmp9* upregulation in *Tert* treated lungs, in line with the fact that *Mmp9* overexpression attenuates fibrosis in bleomycin-induced IPF (Cabrera et al., 2007). 385

Next, we set to analyze whether the observed gene expression changes corresponded to lung epithelial cells. To this end, we compared the AAV9-*Tert* lung signature with the genes normally expressed in different lung populations (*The Gene Expression Barcode 3.0*). Most upregulated genes (0<Fc<1) corresponded to genes specifically expressed by ATII cells (**Figure 4figure supplement 2B**), with a minority of the genes being normally expressed in leukocytes or embryonic fibroblasts. Similar findings were found for the downregulated genes (-1<Fc<0) (**Figure 4-figure supplement 2C**).

393 Finally, we find of interest the fact that similar findings were found by us on the amelioration 394 of heart function after infarct in mice treated with AAV9-Tert (Bar et al., 2014). In particular, Tert 395 treatment lead to lower fibrotic scarring of the heart and increased cardiac myocyte proliferation 396 concomitant with transcriptional changes suggestive of a regenerative signature (Bar et al., 2014). 397 Interestingly, the gene expression changes in AAV9-Tert treated lungs correlate with the 398 regenerative heart signature described found in neonatal mice (Haubner et al., 2012) as well as 399 those described by us in the context of improved cardiac regeneration upon infarct by AAV9-Tert 400 treatment (Bar et al., 2014) (Figure 4-figure supplement 3).

401 To specifically address the gene expression changes stemmed from *Tert* upregulation in 402 ATII cells, we isolated ATII cells at one week after treatment of fibrotic lungs with AAV9-Tert and performed transcriptional profiling. ATII cells were identified as EpCAM<sup>+</sup> LysoTracker<sup>+</sup> cells and 403 404 non-ATII cells as EpCAM<sup>+</sup> LysoTracker<sup>-</sup> (**Fig. 5A**), and expression of the ATII-specific marker *Sftpc* by RT-PCR was used to validate the FACS sorting (Fig. 5B). FACS-sorted ATII cells from AAV9-405 406 Tert treated mice showed Tert mRNA expression while it was undetectable in FACS-sorted ATII 407 cells from empty vector-treated controls (Fig. 5C). We also validated decreased p53 and p21 mRNA expression by RT-PCR in ATII cells from Tert treated mice compared with empty vector 408 409 treated mice (Fig. 5D,E), in agreement with lower senescence and DNA damage in Tert treated 410 mice (see Fig. 3A,B).

411 Importantly, upon gene expression analysis of isolated ATII cells from Tert treated mice cells, GSEA analysis showed downregulation of p53 signaling and apoptotic pathways (Fig. 5F,G), 412 413 again in line with lower DNA damage in lungs from Tert treated mice compared to those from 414 empty vector-treated mice (see Fig. 3A,B). Also in line with lower fibrosis in the lungs from Tert 415 treated mice, ATII cells showed downregulation of several inflammation related pathways including 416 the TGF-β, NF-KappaB, IL2 and TNF signaling pathways (**Fig. 5H-K**). Together, these results 417 further demonstrate that ATII cells are transduced by AAV9-Tert, leading to increased telomerase expression, as well as to downregulation of DNA damage and fibrotic pathways. 418

419

## 420 **Discussion**

In spite of recent therapeutic advances for the treatment of pulmonary fibrosis, most of the patients still face a fatal outcome, where the only curative treatment is lung transplantation. As an example, the recently FDA approved drugs nintedanib and pirfenidone can significantly reduce the progression of pulmonary fibrosis in patients although no full-remissions have been observed (Hunninghake, 2014; Karimi-Shah and Chowdhury, 2015; King et al., 2014).

426 Thus, new therapeutic strategies aimed to cure the disease are still needed. As short 427 telomeres have been shown to be at the origin of both sporadic and familial cases of pulmonary fibrosis (Alder et al., 2008; Armanios et al., 2007; Povedano et al., 2015), here, we set out to 428 429 address the potential of telomerase gene therapy in the treatment of these cases of idiopathic 430 pulmonary fibrosis (IPF). To this end, we used a pre-clinical mouse model of pulmonary fibrosis 431 induced by damage to the lungs (ie., treatment with a low bleomycin dose) and the presence of 432 short telomeres (Povedano et al., 2015), a scenario that resembles both familiar and sporadic 433 cases of the human disease which are associated with the presence of short telomeres (Alder et 434 al, 2008; Armanios et al, 2007). It is important to note that only the presence of short telomeres per 435 se in mice deficient for telomerase do not lead to pulmonary fibrosis (PF) (Alder et al., 2011), instead, we generated a new, more "humanized" mouse model for pulmonary fibrosis by subjecting 436 *Tert*<sup>-/-</sup> mice with short telomeres, to small doses of bleomycin (0.5 mg/kg body weight). This low 437 438 dose of bleomycin is not sufficient to induce pulmonary fibrosis in wild-type mice, but synergizes with short telomeres in the context of  $Tert^{-/2}$  mice leading to full-blown, progressive pulmonary 439 440 fibrosis, recapitulating many of the features of the human disease, including the presence of short 441 telomeres (Blasco et al., 1997). We further show here that the most widely used mouse model of 442 pulmonary fibrosis, which is based on treating wild-type mice with a high dose of bleomycin 443 (Adamson and Bowden, 1974), do not present short telomeres in the lung. Thus, to our knowledge 444 the mouse model used here is the only available mouse model to date that develops pulmonary

fibrosis as a consequence of telomere length defects as it is also the case of human patients with pulmonary fibrosis associated to short telomeres (Alder et al, 2008; Armanios et al, 2007).

Here we extensively demonstrate by using biochemical, functional, and histochemistry analysis, that *Tert* gene therapy (AAV9-*Tert*) of mice diagnosed with pulmonary fibrosis lead to a more rapid regression of pulmonary fibrosis and improved pulmonary function as early as weeks 1 and 3 after treatment and this is maintained at the end-point of the experiment at week 8, when a significant percentage of mice show curation of the fibrosis.

452 Interestingly, we found that the major lung cell type transduced by AAV9 are ATII cells, 453 previously shown by us to be at the origin of pulmonary fibrosis owing to dysfunctional telomeres 454 (Povedano et al., 2015). ATII cells have been also proposed to be involved in lung regeneration 455 upon injuries (Serrano-Mollar et al., 2007). Tert increased expression in ATII cells results in improved telomere maintenance and proliferation of these cells, which is concomitant with lower 456 457 DNA damage as well as decreased presence of apoptotic and senescence cells already at week 3 458 after AVV9-Tert treatment. As a consequence, Tert treated mice show a better pulmonary function 459 as well as decreased inflammation and decreased fibrosis (lower collagen depots). These results are in line with the notion that short telomeres can impair the ability of stem cells to regenerate 460 461 tissues (Blasco, 2007; Flores et al., 2008), and with recent findings suggesting that IPF is the 462 result of defective regeneration upon repetitive epithelial cell injury (Hinz et al., 2007; Ryu et al., 463 2014). Of clinical relevance is the observation that these beneficial effects of *Tert* gene therapy are 464 achieved with a transduction efficiency of 3% of total lung cells and 17% of ATII cells.

Of relevance, we show here that AAV9-*Tert* expression in fibrotic lungs leads to downregulation of pathways involved in fibroblast activation and, in particular, of the TGF-β pathway. Indeed, gene expression analysis of isolated ATII cells from *Tert* treated mice cells showed downregulation of p53 signaling, apoptotic pathways and of several inflammation related pathways including the TGF-β, NF-KappaB, IL2 and TNF signaling pathways as early as early as 1 week after *Tert* treatment. Dampening of inflammation upon *Tert* treatment was further demonstrated by decreased levels of a large number of cytokines already at 3 weeks post-viral treatment that were maintained all throughout the experiment. These pathways are known to be important players in IPF, and are targeted by the currently approved treatments for this disease, such as pirfenidone (Inomata et al., 2014; Oku et al., 2008).

475 Importantly, in contrast to the available IPF treatments, pirfenidone and nintedanib, which 476 are not able to induce disease remission neither in patients nor in preclinical mouse models 477 (Inomata et al., 2014; Oku et al., 2008; Tanaka et al., 2012), we show here AAV9-Tert therapy 478 effectively accelerates the regression of pulmonary fibrosis after been established in mice. We 479 would like to propose here that this might be due to the fact that AAV9-*Tert* therapy targets one of 480 the molecular causes of the disease, namely short telomeres (Alder et al., 2008; Armanios et al., 481 2007; Povedano et al., 2015), which in turn we show here that results in decreased DNA damage 482 and improved proliferative potential of the ATII cells, and subsequently in decreased fibrosis and 483 inflammation (Fig. 6). In agreement with this, it was shown that treatment with GRN510, a small 484 molecule activator of telomerase, suppresses the development of fibrosis and accumulation of 485 senescent cells in the lung in a model of bleomycin-induced fibrosis (Le Saux et al., 2013). In 486 contrast, pirfenidone and nintedanib might be acting on downstream events, particularly on 487 reducing fibrosis, while molecular damage at the origin of the disease (ie. damaged telomeres), as 488 well as the subsequent impairment of the regenerative potential of epithelial cells persists (Alder et 489 al., 2008; Armanios et al., 2007; Povedano et al., 2015). Future ATII lineage tracing experiments 490 would be of interest to ultimately demonstrate that defective regenerative potential of ATII 491 associated to short telomeres is a key molecular event in PF development.

492 As a note of caution regarding the use of AAV vectors, it has been shown that 493 transcriptional active host loci and DNA repair factors impact on rAAV vector integration in the host

494 genome as well as on vector maintenance as linear or circular episomes, affecting thereby the 495 duration of expression and mutagenic potential of the vector (Inagaki et al., 2007; Nakai et al., 2003; Song et al., 2001; Song et al., 2004). Thus, further work is needed to address the potential 496 497 effects of the PF disease on vector genome processing. In addition, although we have not observed increased cancer incidence by systemic administration of the AAV9-Tert vector in 498 499 different mouse models previously studied in the lab, such as AAV9-Tert treatment to delay 500 organismal aging and increase longevity (Bernardes de Jesus et al., 2012), AAV9-Tert treatment in 501 mouse models of heart infarct (Bar et al., 2014) and AAV9-Tert treatment in mouse models of 502 aplastic anemia (Bar et al., 2016), further work is needed to address its potential tumorigenic 503 effects in cancer prone scenarios, or in the context of severely damaged tissues, where 504 senescence and apoptosis may be acting as tumor suppressive mechanisms.

505 In summary, the findings described here demonstrate the therapeutic clinical potential of 506 *Tert* gene therapy to efficiently improve pulmonary fibrosis associated with short telomeres.

Key Resources Table				
Reagent type (species) or resource	Designation	Source or reference	Identifiers	Additional information
gene (Mus musculus)	Tert	NA	Gene ID: 21752	Liu et al., 2000
strain, strain background (Mus musculus)	G2 Tert <sup>≁</sup> ; male	NA		
strain, strain background (AAV9)	AAV9-Tert	Other		Bernardes et al (2012)
strain, strain background (AAV9)	AAV9-EGFP	Other		Bernardes et al (2012)
antibody	anti-p53	CNIO histopathology core unit	POE316A/E9	(1:200)
antibody	anti-p21	CNIO histopathology core unit	HUGO-291H/B5	(1:200)
antibody	anti-phospho-H2AX(Ser139)	Millipore	Clone JBW301	(1:200)
antibody	anti-F4/80	ABD serotec	CI:A3-1	(1:200)
antibody	anti-p19	Santa Cruz Biotecchnology	5-C3-1	(1:50)
antibody	anti-Sftpc	Millipore	AB3786	(1:200)
antibody	anti-activated Caspase 3	R&D systems		(1:1000)
antibody	anti-Sftpc	Santa Cruz Biotecchnology	C-19	(1:50)
antibody	anti-alfaSMA	Biocare Medical	CME 305	(1:200)
antibody	anti-GFP	Roche	05-636	(1:100)
antibody	anti-Ki67	Master Diagnostica	0003110QD	(1:500)
antibody	PE antimouse CD45	BD Biosciences	Clone 30-F11	(1:200)
antibody	PE antimouse CD31	BD Biosciences	Clone MEC 13.3	(1:200)
antibody	APC antimouse EpCAM	BD Biosciences	Clone EBA-1	(1:200)
commercial assay or kit	Mouse Cytokine Array	R&D systems	ProteomeProfiler mouse Cytokine Array Panel A	
chemical compound, drug	LysoTracker	Molecular Probes	LysoTracker Green DND-26, Cat. Num. L7526	
software, algorithm	MicroView	GE Healthcare	MicroView	
other	high-resolution CT system	GE Healthcare	CT Locus	

## 507 Materials and Methods

508

## 509 Mice and animal procedures

Tert heterozygous mice generated as previously described (Liu et al., 2000) were backcrossed to >98% C57/BL6 background.  $Tert^{+/-}$  mice were intercrossed to generate first generation (G1) homozygous  $Tert^{-/-}$  knock-out mice. G2  $Tert^{-/-}$  mice were generated by successive breeding of G1  $Tert^{-/-}$ . 8 to 10 weeks old male G2  $Tert^{-/-}$  mice were intratracheally inoculated with 0.5 mg/kg body weight bleomycin as previously described (Povedano et al., 2015). Mice within experimental groups were allocated randomly. Blind analysis of the samples was performed throughout this work.

517

All mice were produced and housed at the *specific pathogen-free* barrier area of the CNIO, Madrid. All animal procedures were approved by the CNIO-ISCIII Ethics Committee for Research and Animal Welfare (CEIyBA) (PROEX 42/13) and conducted in accordance to the recommendations of the Federation of European Laboratory Animal Science Associations (FELASA).

523

524

# 525 Viral particle production

526 Viral vectors were generated as described (Matsushita et al., 1998) and purified as previously described (Ayuso et al., 2014). Vectors were produced through triple transfection of 527 528 HEK293T. Cells were grown in roller bottles (Corning, NY, USA) in DMEM medium supplemented 529 with fetal bovine serum (10% v/v) to 80% confluence and then co-transfected with the following 530 plasmids: plasmid 1 carrying the expression cassette for gene of interest flanked by the AAV2 531 viral ITRs; plasmid 2 carrying the AAV rep2 and cap9 genes; plasmid 3 carrying the adenovirus 532 helper functions (plasmids were kindly provided by K.A. High, Children's Hospital of Philadelphia). 533 The expression cassettes were under the control of the cytomegalovirus (CMV) promoter and 534 contained a SV40 polyA signal for EGFP and the CMV promoter and the 3'-untranslated region of 535 the Tert gene as polyA signal for Tert. AAV9 particles were purified following an optimized method using two caesium chloride gradients, dialysed against PBS, filtered and stored at 80 °C until use. 536 Mice were injected via tail vein IV with 100  $\mu$ L of rAVV9 viral genome particle (2.5\*10<sup>13</sup> va/mL). 537

538

# 539 Histopathology, immunohistochemistry and immunofluorescence analysis

540 Histopathological analysis of paraffin-embedded lungs was performed in lung sections 541 stained with nuclear fast red and Masson's trichrome using standard procedures. To quantify 542 collagen deposition picosirius red staining was performed on deparaffinised slides for 1 h 543 (Broytman et al., 2015).

Immunohistochemistry staining were performed with the following primary antibodies: rat monoclonal to p53 (POE316A/E9; CNIO histopathology core unit), rat monoclonal to p21 (HUGO-291H/B5; CNIO histopathology core unit), mouse monoclonal to phospho–Histone H2AX (Ser139) (Millipore), rat monoclonal to F4/80 (ABD serotec), p19ARF (5-C3-1 Santa Cruz Biotecchnology), rabbit polyclonal to Sftpc (AB3786, Millipore) and activated-caspase-3 (RyD systems). 549 For immunofluorescence, the antibodies used were goat polyclonal anti Sftpc (C-19; Santa 550 Cruz Biotechnology),  $\alpha$ SMA (CME 305; Biocare Medical), anti GFP (Roche) and rabbit monoclonal 551 anti Ki67 (0003110QD; Master Diagnostica). Images were obtained using a confocal ultraspectral 552 microscope (Leica TCS-SP5). Fluorescence intensities were analyzed with Definiens software. For 553 each analysis, 3-5 lung sections and 10 visual fields/section were scored.

554

# 555 In-vivo lung imaging by computed tomography (CT) and plethysmography

556 The acquisition was made on a high-resolution CT system (CT Locus, GE Healthcare) 557 specially designed for small laboratory animals. Mice were anesthetized with a 4% rate of 558 isoflurane (IsoVet Braun) during the induction and 2% during the maintenance period (scanning 559 time). Micro-CT image acquisition consisted of 400 projections collected in one full rotation of the 560 gantry in approximately 14 min in a single bed focused on the legs, with a 450 µA/80kV X-ray tube. 2-D and 3-D images were obtained and analysed using the software program MicroView (GE 561 562 Healthcare). Pulmonary function was determined by plethymosgraphy using a pulmonary plethysmograph for sedated animals (Emka Technologies). The ratio between lung resistance and 563 564 dynamic compliance (LR/Cdyn) was used as a measurement of pulmonary fitness. All procedures 565 were carried out according to the European Normative of Welfare and Good Practice (2010/63/UE). 566

567

569

# 568 **Quantification of collagen peptides containing hydroxyproline**

570 Proteins were extracted from lung samples in 8M urea/2M thiourea inTris pH 8.2 buffer 571 using a Precelys disruptor and digested subsequently on a 30 KDa MWCO filter with LysC and 572 Trypsin. Resulting peptides were resuspended in 1% TFA and desalted and concentrated using a 573 homemade SCX Stage TIP (3M Empore). The samples were vacuum dried and dissolved in 100 574 µL of loading buffer (0.5% formic acid) and were analysed by LC-MS/MS in a Q-q-TOF Impact

575 (Bruker Daltonics). The Impact was coupled online to a nanoLC Ultra system (Eksigent), equipped 576 with a CaptiveSpray nanoelectrospray ion source supplemented with a CaptiveSpray nanoBooster 577 operated at 0.2 bar/minute with isopropanol as dopant. Samples (5 µL) were loaded onto a 578 reversed-phase C18, 5 µm, 0.1 x 20 mm trapping column (NanoSeparations) and washed for 10 579 min at 2.5 µl/min with 0.1% FA. The peptides were eluted at a flow rate of 250 nl/min onto an 580 analytical column packed with ReproSil-Pur C18-AQ beads, 2.4 µm, 75 µm x 50 cm (Dr. Maisch), 581 heated to 45 °C. Solvent A was 4% ACN in 0.1% FA and Solvent B acetonitrile in 0.1% FA. The 582 gradient used was a 150 minutes curved gradient from 2% B to 33.2% B in 130 minutes. The MS 583 acquisition time used for each sample was 150 min. The Q-q-TOF Impact was operated in a data 584 dependent mode. The spray voltage was set to 1.35 kV (1868 nA) and the temperature of the 585 source was set to 160 °C. The MS survey scan was performed at a spectra rate of 2.5 Hz in the 586 TOF analyzer scanning a window between 150 and 2000 m/z. The minimum MS signal for 587 triggering MS/MS was set to a normalized threshold of 500 counts. The 20 most abundant isotope 588 patterns with charge  $\geq 2$  and m/z > 350 from the survey scan were sequentially isolated and 589 fragmented in the collision cell by collision induced dissociation (CID) using a collision energy of 23 590 - 56 eV as function of the m/z value. The m/z values triggering MS/MS with a repeat count of 1 591 were put on an exclusion list for 60 s using the rethinking option. For protein identification and 592 guantification raw data were analyzed by MaxQuant interrogating a database containing mouse 593 Uniprot Canonnical /TrEmbl sequences plus the most common contaminats (43936 entries), with 594 Metionine and Proline Oxidation (HydroxyProline) allowed as variable modifications. A 595 normalization factor was calculated to correct for variations in total protein content in each sample. 596 Hydroxyproline-containing collagen peptides were quantified and their intensity values were 597 normalized to the total peptide intensity for each sample.

598

599 Cytokines array

600 Cytokine levels in lungs were analyzed by Mouse Cytokine Array (ProteomeProfiler mouse 601 Cytokine Array Panel A from R&D Systems) following the manufacturer's instructions. The pixel 602 density was determined by Image J Software.

603

## 604 **Telomere analysis**

605 Q-FISH determination on paraffin-embedded tissue sections was performed as described 606 previously (Gonzalez-Suarez et al., 2000). After deparaffinization, tissues were post-fixed in 4% 607 Formaldehyde 5min, washed 3x5min in PBS and incubated at 37°C 15 min in pepsin solution 608 (0.1% Porcine Pepsin, Sigma; 0.01M HCl, Merck). After another round of washes and fixation as 609 above-mentioned, slides were dehydrated in a 70% - 90% - 100% ethanol series (5min each). 610 After 10 min of air-drying, 30µl of telomere probe mix (10mM TrisCl pH7, 25mM MgCl2, 9mM Citric 611 Acid, 82 mM Na2HPO4, 70% Deionised Formamide –Sigma-, 0.25% Blocking Reagent –Roche-612 and 0.5µg/ml Telomeric PNA probe -Panagene) were added to each slide. A cover slip was added 613 and slides incubated for 3min at 85°C, and for further 2h at RT in a wet chamber in the dark. Slides 614 were washed 2x15 min in 10 mM TrisCl pH7, 0.1% BSA in 70% formamide under vigorous shaking, then 3x5min in TBS 0.08% Tween20 and then incubated in a 4,6-diamidino-2-615 616 phenylindole (DAPI) bath (4µg/ml DAPI (Sigma) in PBS) before mounting samples in Vectashield (VectorTM). Confocal image were acquired as stacks every 1 µm for a total of 3 µm using a Leica 617 618 SP5-MP confocal microscope and maximum projections were done with the LAS-AF software. 619 Telomere signal intensity was quantified using Definiens software.

620

# 621 Gene expression analysis

622 RNA was extracted from post-caval lobe frozen lungs with RNeasy kit following 623 manufacturer instruction (Qiagen, cat. Nº 73504) and RNA integrity analyzed in an Agilent Bioanalyzer. cDNA was synthesised and analyzed on Agilent's Mouse Genome DNA microarray,
following the manufacturer's instructions.

626

# 627 Microarray analysis

628 Microarray background subtraction was carried out using normexp method. To normalize 629 the dataset, we performed loess within arrays normalization and quantiles between arrays 630 normalization. Differentially expressed genes were obtained by applying linear models with R 631 limma package (Smyth GK) (Bioconductor project, http://www.bioconductor.org). To account for 632 multiple hypotheses testing, the estimated significance level (p value) was adjusted using 633 Benjamini & Hochberg False Discovery Rate (FDR) correction. Those genes with FDR <0.05 were 634 selected as differentially expressed between the AAV9-treated and non-treated groups. This standard FDR threshold assumes a 5% of false positives in most impactful genes obtained in the 635 636 differential expression analysis. The raw data have been deposited in GEO database (accession 637 number GSE93869).

638

# 639 Gene set enrichment analysis

Gene set enrichment analysis (GSEA) was applied using annotations from Biocarta, KEGG, NCI pathways and Reactome. Genes were ranked based on limma moderated t statistic. After Kolmogorov-Smirnoff testing, those gene sets showing FDR <0.05, a well-established cut-off for the identification of biologically relevant gene sets (Subramanian et al., 2005), were considered enriched between classes under comparison.

645

#### 646 Flow cytometry

647 Cells were isolated from mouse lungs of both groups AAV9-*Tert* and AAV9-empty vector. 648 Lungs were extracted and introduced in HBBS buffer with antibiotic and 1% BSA. Separate the 649 lobules of the lung on a dish mince them with a scalpel. Transfer them to a GentleMacs tube with 650 HBBS, antibiotics, 1% BSA, DNAse I (60 units/mL) (Sigma, DN25) and collagenase type I (70 651 units/mL) (GIBCO, Cat. Number 17100). Then we run the GentleMac program "lung 1", after the 652 program incubate the sample at 37°C for 30 minutes and at the end we run the GentleMac 653 program "lung 2". Cell suspension was filtered through a 40µm stainer and then centrifuge 1200 rpm 5 min. Cells were resuspended in 2 mL ACK Lysis Buffer to lyse red blood cells. Incubate 4 654 655 min. at room temperature. We added DMEM without serum to wash, centrifugate and discard 656 supernatant. At the end, resuspend cells in PBS with EDTA (1mM), Hepes (25 mM) and 3% FBS 657 to start staining with LysoTracker as described in commercial protocol (Molecular Probes, 658 LysoTracker Green DND-26, Cat. Num. L7526) and the following antibodies from Pharmingen (BD 659 Biosciences, San Jose CA): PE antimouse CD45, PE antimouse CD31, APC antimouse EpCAM. DAPI (Sigma, St Louis MO) was used to identify dead cells. Data was collected and the defined 660 populations (CD45-CD31-EpCAM+ LysoTracker+ and LysoTracker-) were sorted using an InFlux 661 662 cell sorted (BD, San Jose CA), we excluded cell aggregates by using pulse processing in the 663 scatter signals and dead cells in the basis of DAPI staining. All data was analyzed using FlowJo 664 software v9.8.5 (Treestar, Ahsland OR).

665

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667

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# 676 Conflict of interest

None declared.

678

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## 846 **Figure legends**

847 Figure 1. AAV9-*Tert* treatment targets ATII cells leading to remission of pulmonary fibrosis. (A) Representative image of immunofluorescence against GFP (in red) and Sttpc (in green). Mice 848 849 were injected intravenously in the tail with AAV9-eGFP and sacrificed two weeks later to determine virus cell type target. The quantification of percentage of GFP<sup>+</sup> Sftpc<sup>+</sup> cells relative to total GFP<sup>+</sup> 850 cells and to total Sftpc<sup>+</sup> cells is shown. (B) Eight-ten week old male G2Tert<sup>-/-</sup> mice were 851 intratracheally inoculated with 0.5 mg/kg BW bleomycin and two weeks after computed 852 853 tomography (CT)-diagnosed with pulmonary fibrosis (PF). Affected mice were treated 854 intravenously either with AAV9-empty or AAV9-Tert. Spirometric follow-up was performed at 1, 2 and 3 weeks post-viral treatment with the viral vectors. CT follow-up was performed at 1, 2, 4 and 855 856 7 weeks post-treatment with the viral vectors. Mice were sacrificed at 3 and 8 weeks post-857 treatment with the viral vectors for further biochemical and histopathological lung examination. (C) 858 CT representative images for every time point of the treatment (fibrotic area in red). (D) 859 Quantification of fold change affected lung volume with PF normalized to the affected volume 860 before the viral treatment by computed tomography (CT). (E) Follow-up of pulmonary function measured as the ratio between lung resistance and dynamic compliance (LR/Cdyn) normalized to 861 862 the AAV9-empty vector treated mice (F) Tert transcriptional levels in lung 8 weeks post-viral treatment. a.u., arbitrary units (G) Masson's trichrome staining from lung sections to evaluate 863 864 fibrotic regions at end point 8 weeks post-viral treatment (collagen fibers in blue; nuclei and 865 erythrocytes in red). (H) Histopathological analysis and fibrosis score from lung sections at end point. The number of mice analyzed per group is indicated. T-test was used in D, E and F and  $X^2$ 866 867 analysis in H and I for statistical analysis. \*, p=0.05; \*\*, p<0.01.

Figure 2. AAV9-*Tert* treatment leads to lower collagen deposition, less inflammation and
 decreased active fibrotic foci. (A) Representative images of picosirius red staining visualized by

870 polarized light where collagen fibers are bright orange from mice treated either with AAV9-Tert or 871 empty vector 8 weeks post-viral treatment. (B) Percent of lung area filled with collagen fibers 8 weeks post-viral treatment. (C) Quantification of specific collagen peptides containing 872 873 hydroxyproline in healthy lungs without bleomycin and in fibrotic lungs 5 weeks after bleomycin insult (left panel) and in lungs treated either with Tert or empty vector at 8 weeks post-treatment 874 875 (right panel). (D-E) Quantification of total procollagen levels (D) and representative Western Blot 876 images (E) in lung samples of AVV9-*Tert* and AVV9-empty infected lungs at 3 and 8 weeks post-877 viral treatment. (F) Representative images of immunofluorescence for αSMA (in red) and DAPI (in 878 blue) at 8 weeks post-viral treatment. (G) Quantification of αSMA positive cells at 8 weeks post-879 treatment. **(H)** Representative images of F4/80 (macrophage specific marker) 880 immunohistochemistry staining in AAV9-Empty and AAV9-Tert treated mice at 8 weeks post-viral 881 treatment. (I) Quantification of F4/80 positive cells at 8 weeks post-viral treatment. (J-K) 882 Quantification of the indicated cytokines in lung samples of AVV9-Tert and AVV9-empty infected 883 lungs at 3 (J) and 8 (K) weeks post-viral treatment. Data represent the mean ± SE of analyzed 884 mice within each group. The number of mice analyzed per group is indicated. T-test was used for 885 statistical analysis. \*, p=0.05; \*\*, p<0.01; \*\*\*, p<0.001.

886 Figure 3. AAV9-Tert treatment reduces DNA damage, improves telomere maintenance and 887 proliferation in ATII cells. (A) Representative images for vH2AX, p53, p21, active caspase 3 888 (C3a) and SA- $\beta$ -Gal stained lungs at 3 weeks post-viral treatment. (B) Quantification of  $\gamma$ H2AX, 889 p53, p21, C3a and SA-β-Gal positive cells per visual field of lungs treated either with *Tert* or empty 890 vector at 3 and 8 weeks post-viral treatment. (C) percentage of damaged ( $\gamma$ H2AX positive) ATII 891 cells (Stfpc positive) in lungs treated either with *Tert* or empty vector at 3 post-viral treatment. (D) 892 Representative images of double immunohistochemistry against Stfpc (brown) and  $\gamma$ H2AX (red) of 893 lungs treated either with Tert or empty vector at 3 post-viral treatment. (E-F) Fold change in 894 telomere length (E) and percentage of short telomeres (F) in ATII cells relative to non-ATII cells at 895 8 weeks post-viral treatment. (G) Representative images of immuno-QFISH with Cy3Telomere 896 probe (in red), Sftpc (in green) and DAPI (in blue) in lungs at 8 weeks post-viral treatment. (H-J) 897 Quantification of percentage of Ki67 positive cells (H), Sftpc positive cells (I) and Ki67 positive cells relative to Sftpc positive cells at 8 weeks post-viral treatment (J). (K) Representative images of 898 899 double immunofluorescence against Sftpc (in green) and Ki67 (in red) in lungs at 8 weeks post-900 viral treatment. Data represent the mean ± SE of analyzed mice within each group. The number of 901 mice analyzed per group is indicated. T-test was used for statistical analysis. \*, p=0.05; \*\*, p<0.01; \*\*\*, p<0.001. 902

903 Figure 4. AAV9-Tert treatment induces transcriptional changes in the lungs. (A-B) Summary 904 table indicating various significantly (FDR<0.25) upregulated (A) and downregulated (B) pathways 905 in AVV9-Tert compared with AVV9-empty treated lungs at 8 weeks post-viral treatment. Examples 906 of GSEA plots for the indicated pathways are shown below. Microarray genes were ranked based 907 on the two-tailed t-statistic tests obtained from the AAV9-Tert versus AAV9-empty by pair-wise 908 comparisons. The red to blue horizontal bar represents the ranked list. Those genes showing higher expression levels for each cohort are located at the edges of the bar (AAV9-empty; AAV9-909 910 *Tert*). The genes located at the central area of the bar show small differences in gene expression 911 fold changes between both groups. (C) Fold change mRNA expression levels of candidate genes 912 related with canonical Wnt pathway, apoptosis, mitosis and transendothelial migration in AAV9-913 Tert relative to empty vector. For GSEA Kolmogorov-Smirnoff testing was used for statistical 914 analysis. The FDR is calculated by Benjamini and Hochberg FDR correction. Data represent the 915 mean ± SE of analyzed mice within each group. The number of mice analyzed per group is 916 indicated. T-test was used for q-PCR statistical analysis. \*, p=0.05.

917 Figure 5. Isolated ATII cells overexpress Tert and show downregulation of DDR- and 918 inflammatory- related pathway. (A) FACs representative dot plots of lungs one week post either 919 AAV9-empty or AAV9-Tert treatment. The epithelial cell population was identified as CD31/CD45 920 double negative. ATII cells were identified by LysoTracker and EpCAM doubly positive cells and isolated by cell sorting. (B) Validation of specific ATII cells marker Stepc by RT-qPCR. (C) 921 922 Transcriptional levels of *Tert* in isolated ATII cells from lungs treated with the indicated vectors. (D-923 E) mRNA expression levels of p53 (C) and p21 (D) genes in ATII by RT-qPCR from lungs treated 924 with the indicated vectors. (F-G) GSEA plots for the indicated downregulated DDR related 925 pathways in AAV9-Tert infected ATII cells. (H-K) GSEA plots for the indicated downregulated 926 inflammatory related pathways in AAV9-Tert infected ATII cells. Microarray genes were ranked 927 based on the two-tailed t-statistic tests obtained from the AAV9-Tert versus AAV9-empty by pairwise comparisons. The red to blue horizontal bar represents the ranked list. Those genes showing 928 929 higher expression levels for each cohort are located at the edges of the bar (AAV9-empty; AAV9-930 *Tert*). The genes located at the central area of the bar show small differences in gene expression 931 fold changes between both groups. Data represent the mean ± SE of analyzed mice within each 932 group. The number of mice analyzed per group is indicated. T-test was used for RT-gPCR statistical analysis. \*, p=0.05; \*\*, p<0.01. For GSEA Kolmogorov-Smirnoff testing was used for 933 934 statistical analysis. The FDR is calculated by Benjamini and Hochberg FDR correction.

**Figure 6.** *Tert* gene therapy targets the basis of pulmonary fibrosis. Proposed model for the mechanism underlying *Tert* gene therapy. AAV9-*Tert* therapy targets one of the molecular causes of the disease, short telomeres (Alder et al., 2008; Armanios et al., 2007; Povedano et al., 2015), resulting in decreased DNA damage, senescence/apoptosis and improved proliferative potential of the ATII cells and subsequently decreasing inflammation and fibrosis. 940 Figure 1- figure supplement 1. High dose of bleomycin induces pulmonary fibrosis without 941 affecting telomere length in lung cells. (A) Eight-ten week old wild type mice were intratracheally inoculated either with 2 mg/kg body weight bleomycin or with vehicle and sacrificed 942 943 after four weeks to measure telomere length by Q-FISH in lung sections (B) Eight-ten week old wild type mice were intratracheally inoculated with 2 mg/kg body weight bleomycin and two weeks 944 945 after computed tomography (CT) diagnosed with pulmonary fibrosis (PF). Affected mice were 946 treated intravenously either with AAV9-Empty or AAV9-Tert and sacrificed after two weeks to 947 quantify fibronectin levels by western blot. Representative Western Blot images are shown. T-test 948 was used for statistical analysis. Error bars represent standard error. The number of mice 949 analyzed per group is indicated. a.u.f., arbitrary units of fluorescence.

950 Figure 4-figure supplement 2. Differentially expressed genes from AAV9-Tert treated mice correlate with ATII cells gene expression signature. (A) GSEA plots for the indicated pathways 951 952 in lung tissue. Microarray genes were ranked based on the two-tailed t-statistic tests obtained from 953 the AAV9-Tert versus AAV9-empty by pair-wise comparisons. The red to blue horizontal bar 954 represents the ranked list. Those genes showing higher expression levels for each cohort are located at the edges of the bar (AAV9-empty; AAV9-Tert). The genes located at the central area of 955 956 the bar show small differences in gene expression fold changes between both groups. For GSEA 957 Kolmogorov–Smirnoff testing was used for statistical analysis. The FDR is calculated by Benjamini 958 and Hochberg FDR correction. (B-C) Heat maps representing the upregulated genes (B) and 959 downregulated genes (C) in AAV9-Tert compared to empty vector treated mice that corresponded 960 to ATII cells, lung leukocytes and mouse embryonic fibroblast (MEFs). The size of the heat map for 961 each cell type correlates with the amount of genes deregulated. The red/blue bars represent an 962 over/down-expression of the gene in this sample compared with the other cohort.

963 Figure 4-figure supplement 3. Tert overexpression in fibrotic lungs mimic neonatal 964 regenerative heart tissue after infarctation. (A) GSEA plot for LAD/Sham List from Haubner et al. study. A heatmap of indicated core-enriched genes is displayed under the enrichment plot. 965 966 Microarray genes were ranked based on the two-tailed t-statistic tests obtained from the AAV9-*Tert* versus AAV9-empty by pair-wise comparisons. The red to blue horizontal bar represents the 967 968 ranked list. Those genes showing higher expression levels for each cohort are located at the 969 edges of the bar (AAV9-empty; AAV9-Tert). The genes located at the central area of the bar show 970 small differences in gene expression fold changes between both groups. (B) REACTOME 971 Pathways differentially enriched with genes of the core-enriched from the previous GSEA. For 972 GSEA Kolmogorov–Smirnoff testing was used for statistical analysis. The FDR is calculated by 973 Benjamini and Hochberg FDR correction.

974 **Supplementary File:** Differentially expressed genes in AAV9-*Tert* compared to empty vector 975 treated fibrotic lungs (FDR<0.05). The FDR is calculated by Benjamini and Hochberg FDR 976 correction.



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AAV9-Tert





# **M** Phase **Mitotic Prometaphase DNA replication and Mitosis DNA Replication** Cell Cycle, Mitotic Assembly of the Pre-Replicative Complex **G1-S** Transition M-G1 Transition Activation of the Pre-Replicative Complex **DNA Replication Pre-Initiantion** E2F-enabled Inhibition of Pre-Replication **Complex Formation Cell Cycle Checkpoints G2-M Checkpoints Apoptotic Execution Phase** Apoptosis Apoptotic Cleavage of Cellular Proteins Apoptosis Caspase Cascade in Apoptosis Caspase Pathway DNA repair ATM mediated Response to DNA DSB **DNA Repair** Rad50/Mre11/Nbs1 Complex at DNA DSB Others Leukocyte trasendothelial migration Extension of telomeres

Extension of telomeres



FGFR2C ligand binding and activation activation FGFR4 ligand binding and activation FGFR ligand binding and activation FGFR1 ligand binding and activation Others

- Canoncical Wnt signaling pathway
- TGF-β pathway

В

Fibroblast

# FGFR1 ligand binding and activation



С













ATII cells

Leukocyt es

MEFs

row max Up

В

А





Pathways
Activation of NIMA Kinases NEK9,
NEK6, NEK7
Nuclear Envelope Breakdown
G1/S Transition
APC/C:Cdh1 mediated degradation of
Cdc20 and other APC/C:Cdh1 targeted
proteins in late mitosis/early G1
Factors involved in megakaryocyte
development and platelet production
Recruitment of mitotic centrosome
proteins and complexes
Centrosome maturation
G1/S-Specific Transcription
G0 and Early G1
Nuclear Pore Complex (NPC)
Disassembly
Polo-like kinase mediated events
Condensation of Prophase
Chromosomes
Mitotic Prophase
G2/M Checkpoints
Deposition of new CENPA-containing
nucleosomes at the centromere
Nucleosome assembly
Loss of proteins required for interphase
microtubule organization from the
centrosome
Condensation of Promotonhoos
Condensation of Prometaphase
Conversion from APC/C:Cdo20 to
APC/C:Cdb1 in late anaphase
APC/C.Cull III late anaphase
Lamina
Mitotic Telophase/Cytokinesis
MASTI Facilitates Mitotic Progression
Recruitment of NuMA to mitotic
centrosomes
E2E-enabled inhibition of pre-
replication complex formation
G2/M DNA replication checkpoint
G2/M DNA damage checkpoint
Chk1/Chk2(Cds1) mediated
inactivation of Cyclin B:Cdk1 complex
Cyclin B2 mediated events

Pathways				
Resolution of Sister Chromatid				
Cohesion				
Mitotic Prometaphase				
M Phase				
Mitotic Metanbase and Ananbase				
Soparation of Sister Chromatide				
Mitotia Ananhaaa				
Willouic Anaphase				
Regulation of mitotic cell cycle				
APC/C-mediated degradation of cell				
cycle proteins				
Activation of APC/C and				
APC/C:Cdc20 mediated degradation				
of mitotic proteins				
Regulation of APC/C activators				
between G1/S and early anaphase				
APC/C:Cdc20 mediated degradation				
of mitotic proteins				
APC:Cdc20 mediated degradation of				
cell cycle proteins prior to satisfation				
of the cell cycle checkpoint				
APC-Cdc20 mediated degradation of				
Nek2A				
Cvclin A/B1 associated events during				
G2/M transition				
Kinesins				
Cdc20.Phospho-APC/C mediated				
degradation of Cyclin A				
Cell Cycle Checknoints				
Cell Cycle Checkpoints				
Mitotia C2 C2/M phases				
Pagulation of DLK1 Activity at C2/M				
Regulation of PLK I Activity at G2/M				
Phosphorylation of the APC/C				
Inhibition of the proteolytic activity of				
APC/C required for the onset of				
anaphase by mitotic spindle				
checkpoint components				
nactivation of APC/C via direct				
nhibition of the APC/C complex				
Phosphorylation of Emi1				
Mitotic Spindle Checkpoint				
APC/C:Cdc20 mediated degradation				
of Cyclin B				
Golgi Cisternae Pericentriolar Stack				
Reorganization				
MHC class II antigen presentation				
E2F mediated regulation of DNA				
replication				
Mitotic G1-G1/S phases				